あたらしい発見が、きっとあなたを待っている。

みずのまち 大町市 × YORIPで まちあるき

Omachi YORIP Recommended Course with YORIP

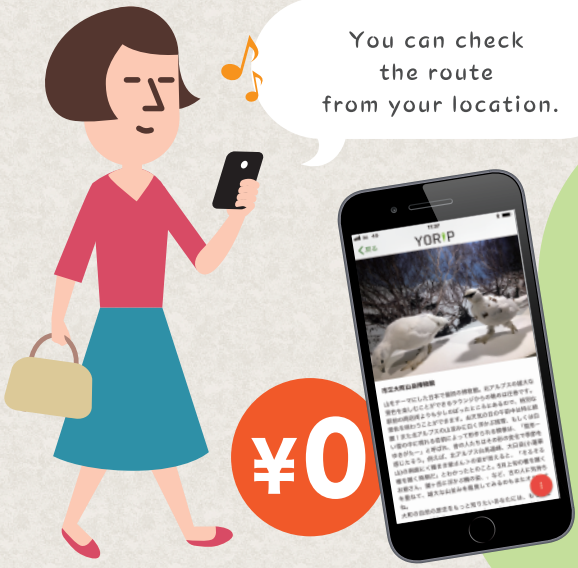
Recommended Course

A Journey through the History, Culture, and Natural Scenery of Omachi

In the olden days, merchants passed through Omachi to deliver salt and seafood from Itoigawa City, by the Sea of Japan, to central Matsumoto City. This route was called Shio no Michi, or Salt Road, and was bustling and lively during those days. Being surrounded by the natural environment of the Northern Alps enhances many aspects of this area's regional culture. Today, Omachi acts as a gate to Kurobe Dam. Welcome to Omachi, where you can experience history, culture and untouched Japanese natural environments.

1. Omachi Alpine Museum
2. Shio no Michi "Cyojiya" & Yabusame Hall
3. Folk Restaurant Wachigai
4. Hokuan Brewery
5. Nyakuichioji Shrine
6. Nemu no ki
7. Anne-marille
8. Kurobe Dam

Please turn over



旅のよりみちアプリ YORIMICHI* TRIP APP

YORIP

*YORIMICHI: To stop by at a place where is not planned

free app

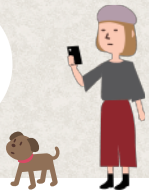
The YORIP app shows you spots where you can make a YORIMICHI along your path. YORIMICHI means a spot that's only known by locals and is rich with the esoteric charm of the community. With YORIP, you will discover places that can't be found in guidebooks or online. These will leave a lasting impression during your trip to Japan!
What's an adventure without a few YORIMICHI?

\ Download here! /

大町市プロモーション委員会・大町市観光協会　長野県地域発元気づくり支援金活用事業

A Journey through the History, Culture, and Natural Scenery of Omachi

address tel access
business hours / regular holiday



START!

1 Omachi Alpine Museum

〒 長野県大町市大町 8056-1
tel 0261-22-0211
business hours 9:00-17:00 (※Enter by 16:30)
Mon. , the day after national holiday, Japanese New Year
(No closing day in Jul. and Aug.)
access From JR Ôito Line Shinano Omachi Station, 25 mins on foot, 5 mins by car

5 min by car

to watch

The third floor of this museum, located on a hillside, is an observation deck providing a panoramic view of the Northern Alps. In the small zoo next to the museum (free admission), you can see the most popular animal in Omachi, the Ptarmigan (a gamebird in the grouse family).

2 Shio no Michi "cyoujiya"& Yabusame Hall

tel 0261-22-4018
business hours May-Oct. 9:00-17:00,Nov.-Apr. 9:00-16:30, Jan.-Feb. May-Oct./ the third and fourth Wed of every month, Nov.-Apr./ Wed. and Japanese New Year
access From JR Ôito Line Shinano Omachi Station, 7 mins on foot

5 min on foot

experience

In the olden days, merchants passed through Omachi to deliver salt and seafood. The route they traveled was called Shio no Michi, or Salt Road. The Chojiya Salt Road Museum is a must for history buffs, offering opportunities to become a ninja, participate in a tea ceremony and taste Japanese sake.

3 Folk Restaurant Wachigai

〒 長野県大町市上仲町 4084
tel 0261-23-7363
business hours 10:00-16:30 (L.O)
Tues. and the fourth Sun. of every month
access From JR Ôito Line Shinano Omachi Station, 10 mins on foot

10 min on foot

eat

This restaurant's building was originally the home of Omachi's village officer. Today, it's renovated as a folk restaurant with a charming atmosphere. Dining in the Japanese tatami rooms lets you experience the feel of the Meiji era. Omachi's location near the mountains makes for delicious local vegetables. We recommend the Komatsuri Set here.

4 Hokuan Brewery

〒 長野県大町市大町 2340-1
tel 0261-22-0214
business hours 8:00-12:00, 13:00-17:00
Sat., Sun., and national holidays
access From JR Ôito Line Shinano Omachi Station, 5 mins by car.

12 min on foot

buy

The sake produced in Omachi is very delicious thanks to the clean Northern Alps mountain water. You purchase sake here and make advance reservations for a tour. Reservations are available mainly on weekdays, and depend on the brewery's schedule.

5 Nyakuichioji Shrine

〒 長野県大町市大町 2097
tel 0261-22-1626
access From JR Ôito Line Shinano Omachi Station, 25 mins on foot, 5 mins by car

5 min by car

to watch

The main hall of Nyakuichioji Shrine serves as one of the strongest reminders of the Azuchi-Momoyama period, and it is designated an important cultural heritage by the Japanese government. Inside the shrine, you can view a three-story pagoda and the Kannondo. A famous religious festival occurs here every July.

6 Nemu no ki

〒 長野県大町市大原 5893-5
tel 0261-23-0555
business hours 10:00-18:00
Tues.
access From JR Ôito Line Shinano Omachi Station, 7 mins by car

8 min by car

eat

Kurobe Dam Curry Rice is modeled after the Kurobe Dam in Omachi, and resembles water bursting through the dam. Please enjoy a plate with a gorgeous view of the snow-capped mountains, and don't forget a Kurobe Dam Curry Rice postcard as a souvenir!

7 Anne-marille

〒 長野県大町市 平 2811-11
tel 0261-85-0702
business hours 9:00-18:00
Tues. Wed. (Open on a national holiday)
access Take the bus to Ôgizawa Station from JR Ôito Line Shinano Omachi Station, get off at Omachi spring-village stop and walk for 1 min.
From JR Ôito Line Shinano Omachi Station, 15 mins by car.

8 min by car or by bus + 16 min by Shuttle bus

eat

Anne-marille is a dessert shop with a focus on local ingredients from Omachi and Nagano prefecture, which are used to make cakes. Anne-marille is located in Omachi hot spring village. If you don't have time to sit down in the shop, you can order the delicious cakes to go.

8 Kurobe Dam

GOAL!

tel 0261-22-0804
business hours Open-Jul. / 6:00-17:30, Aug. -Mid of Sept. / 6:30-17:00 , Mid of Oct. / 7:00-16:30 ※ Schedule is different every year, please check the website
Sightseeing period: Mid of Apr. to end of Nov.
Flood discharge show: end of Jun. till end of Oct. (Please check the website)
access Take the bus from JR Ôito Line Shinano Omachi Station, go to Ôgizawa Station (approx. 40 mins), and take the shuttle bus to Kurobe Dam (approx. 16 mins). Walk 10 mins from the bus stop.

to watch

Kansai Electric Power Co., Inc. built Kurobe Dam between 1956 and 1963 to generate hydroelectricity. The turqoise Kurobe Lake is a gorgeous sight from the dam's observation deck. Every summer, the flood discharge of the dam is a must-see tourist attraction.